

## **Lutton St Nicholas Primary School Menu Week One**

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Chicken Noodles and Broccoli	Cheese and Tomato Pizza, Mini Corn on the Cob and Chickpea Salad	Toad in the Hole, Mash Potato, Peas, Carrots and Gravy	Chicken Tikka with Wholegrain Rice and Green Beans	Roast Gammon, Chips and Baked Beans
Main 2	Vegetable Noodles and Broccoli	Vegetable Pizza, Mini Corn on the Cob and Chickpea Salad	Quorn Toad in the Hole, Mash Potato, Peas, Carrots and Gravy	Vegetable Tikka with Wholegrain Rice and Green Beans	Free Range Omelette, Chips and Baked Beans
Main 3	Jacket Potato with Cheese and Salad	Wholemeal Cheese Sandwich with Salad	Jacket Potato with Tuna Mayonnaise and Salad	Wholemeal Egg Mayonnaise Sandwich with Salad	Jacket Potato with Baked Beans and Salad
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Dessert	Bananas and Custard	Jelly with Fruit	Oaty Apple Crumble with Custard	Cheese, Crackers and Apple	Ice Cream and Fresh Fruit
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Drinks	Water	Water	Water	Water	Water
Extra bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread

Weeks commencing 3rd November, 24th November, 15th December, 6th January, 26th January

